

# Looking at Timeframes



When I'm 95 I will look back and say...
When I'm 60 I will be...
When I'm 50 I will be...
When I'm 40 I will be...
In 10 years I will...
In 3-5 years I will...
In 12 months I will...
In 6 months I will...

Now take your shorter term goals and use the [Goal Setting Template](#) to create an exciting action plan.